

AMENDED SET OF CLAIMS

Please amend the claims as follows:

1-7. (Cancelled).

8. (Currently Amended) A method for ~~stopping~~ suppressing craving for smoking or moderating smoking, comprising
administering to an individual a smoking craving suppressing composition ~~comprising a smoking craving suppressing substance~~ consisting essentially of theanine in an amount sufficient to suppress craving for smoking wherein the composition is a preparation suitable for absorption via oral mucosa.

9. (Currently Amended) The method according to claim 8, wherein the composition is administered to an individual for ~~preventing~~, alleviating ~~or eliminating~~ withdrawal symptoms caused by stopping smoking or moderation of smoking.

10. (Previously Presented) The method according to claim 8, wherein the composition is previously administered to an individual when withdrawal symptoms are presumed to be caused by stopping smoking or moderation of smoking.

11. (Previously Presented) The method according to claim 8, wherein the composition is administered to an individual during occurrence of withdrawal symptoms caused by stopping smoking or moderation of smoking.

12. (Cancelled).

13. (Previously Presented) The method according to claim 8, wherein the composition is in a dosage form sustainable in the mouth for at least 3 minutes when orally taken.

14. (Original) The method according to claim 8, wherein the composition is a food composition.

15-16. (Canceled).

17. (Previously Presented) The method according to claim 8, wherein the composition is administered to an individual in an amount of from 87 mg to 200 mg.